

LINEN AND WOOL

Do not wear a single garment that is woven with wool and cotton/linen.

Based on the following scripture do not wear a garment woven from animal hair and plant based such as linsey-woolsey:

- “Thou shalt not wear a garment of divers sorts, *as* of woollen (H6785 hair from animal like wool) and linen (H6593 cloth made from flax, plant based) together” (Deut. 22:11).
- “Ye shall keep my statutes. Thou shalt not let thy cattle gender with a diverse kind: thou shalt not sow thy field with mingled seed: neither shall a garment mingled of linen and woollen (H8162 – 2 materials woven together) come upon thee” (Lev. 19:19).

Side Note: Only the priests were instructed not to enter the inner court with a wool garment (sweater/ jersey) on their linen/cotton/plant-based garment. “And it shall come to pass, *that* when they enter in at the gates of the inner court, they shall be clothed with linen garments; and no wool shall come upon them, whiles they minister in the gates of the inner court, and within (Ezek. 44:17). Only the dress code for the Temple. Not referring to the outer court or being at home.

What are the consequences for not following this law?

God created our bodies and knows what is good for them, just like a manufacture knows what good oil to use on the car. God knows what is good and not good to put on the skin.

Is it a sin to wear a garment that is woven together with wool and linen garment? Yes. Sin is Torah less ness and this law is in the Torah (1 John 3:4). It has nothing to do with dealing with sin such as sacrifices, festivals etc. This is commandment related to self, loving self. There are various levels of consequences for certain sins in scripture. This isn't on the same level as many others. If it is broken there is no stoning or removing that person from Israel or paying a fine or needing to sacrifice an animal.

It is clear however that the consequence is the impact on a person's wellbeing and multiplication. Might impact their energy levels and the ability to reproduce. As the verse is amongst not mixing seeds and animals that have that outcome (Lev. 19:19; Deut. 22:9-11). Mixing seeds diminishes the multiplication of the harvest, as it impacts the soil. Also mixing animals horses with donkeys produces mules and the mules cannot reproduce.

Side note: there are alternative views, which I definitely do not agree as I believe God says what He means. Some have said it is because it was rooted in superstition. Other have said it was to lead Israel to the simplicity and sincerity of religion

Is there any science view on the impact of Linen and Wool together?

From a science perspective, not that this has any bearing on following God's law but just for interest's sake. There is reason that wool mixed with linen messes with the bodies electromagnetic field. Where the two textiles measure 5,000 Hz each, when put together, these frequencies cancel each other out and then starts to draw the energy from the body. It depletes the electromagnetic field in the body. This has proven to cause body weakness and pain as cells don't regenerate. Impacting the nervous system, circulation, heart, brains and fertility as they all work using electromagnetic fields.

Extract from <https://www.lifegivinglinen.com/linen-study> In 2003, a study was done by a Jewish doctor, Heidi Yellen, on the frequencies of fabric. According to this study, the human body has a signature frequency of 100, and organic cotton is the same – 100. The study showed that if the number is lower than 100, it puts a strain on the body. A diseased, nearly dead person has a frequency of about 15, and that is where polyester, rayon, and silk register. Nonorganic cotton registers a signature frequency of about 70. However, if the fabric has a higher frequency, it gives energy to the body. This is where linen comes in as a super-fabric. Its frequency is 5,000. Wool is also 5,000, but when mixed together with linen, the frequencies cancel each other out and fall to zero. Even wearing a wool sweater on top of a linen outfit in a study collapsed the electrical field. The reason for this could be that the energy field of wool flows from left to right, while that of linen flows in the opposite direction, from right to left.

Alternative question:

What about wearing polyester? Bible doesn't call that out specifically but use the principles. Personally, I don't think polyester is a healthy fabric for the body as it is made of polymer, plastic.

What about not wearing garment of wool and linen/cotton together like a linen shirt with a wool jersey? These are not the same as a single garment per the scripture. Woven these 2 fabrics together would cause a bigger chain reaction which God wants to protect us against.